

# **CHARACTERISTICS OF A HEALTHY SCEPTIC ONLINE**

Being a healthy sceptic online means having certain qualities that can help your child to navigate the digital world wisely.

1. CURIOSITY -

before believing something.

You're curious and eager to learn more

2. CRITICAL THINKING -

ask questions before accepting it.

**3. SOURCE CHECK –** 

4. EVIDENCE BASED

trustworthy sources.

what you believe.

You think carefully about information and

You make sure the information comes from



Here are the top 10 traits of a healthy sceptic:

You seek out a balanced understanding of a topic rather than just one side.

## 7. FACT-CHECKING -

sure it's true.

## 8. LOGIC AND REASONING

arguments

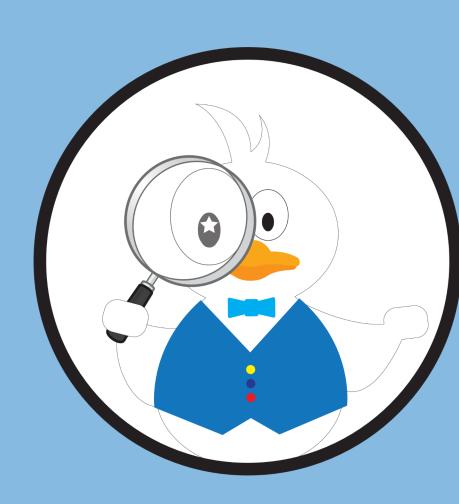
## 9. EMOTIONALLY AWARE

# **10. OPEN-MINDEDNESS**

You have respectful discussions with others, even if you disagree.

You look for proof and facts to support

**5. RESPECTFUL ENGAGEMENT** 



#### THESE TRAITS CAN HELP YOUR CHILD BE A SMART AND **CAREFUL THINKER IN THE DIGITAL WORLD!**



You double-check information to make

You use logical thinking to evaluate

You're cautious of information that tries to make you feel strongly, and you stay calm.

You're open to new ideas and willing to consider different viewpoints.

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